

First 5 Yolo Annual Evaluation Report

Fiscal Year 2016-17

First 5 was formed by a voterapproved proposition (Proposition 10), which added a tax on cigarettes and other tobacco products, and charged First 5 with improving the coordination of care and investing in programs and services for California's youngest children and families.

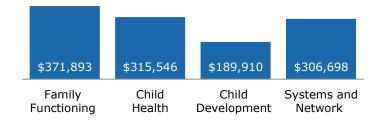
First 5 Yolo is part of this statewide network of county commissions with nearly 20-years of on-theground experience making children healthy, safe, and ready to learn.

The First 5 Yolo Children and Families Commission administers Yolo County's Proposition 10 revenue allocation, funding direct services for children ages 0-5 and their families. The Commission's investments and daily work also aim to strengthen countywide systems and networks that support these children and their families.

Introduction

In Fiscal Year (FY) 2016-17, First 5 Yolo invested over \$1.1 million in programs and services that address the Commission's four priority areas: 1) Improved Family Functioning, 2) Improved Child Health, 3) Improved Child Development, and 4) Improved Systems and Network.

Exhibit 1. First 5 Yolo investments by priority area, FY 2016-17



Evaluating First 5 Yolo's Investment

To better understand the outcomes of their investments, as well as how programs and systems can be improved, First 5 Yolo engaged Harder+Company Community Research to conduct an evaluation of its funding. The evaluation focused on answering the following key questions:

- Are First 5 Yolo services targeting families that need it most?
- To what extent have First 5 Yolo families made progress across indicators related to family development and support?
- How is First 5 Yolo increasing access to appropriate developmental services?
- How are First 5 Yolo families benefiting from programs aimed at enhancing early learning and development?
- How can First 5 Yolo continue to improve systems and outcomes for children and families in Yolo County?





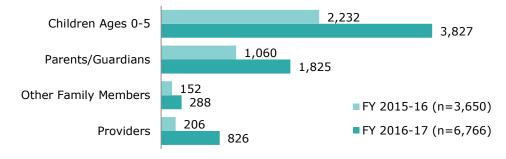
This report is organized around the priority areas and key questions. Results draw on data collected from First 5 Yolo funded programs and program participants. Due to the variety of tools and the manner in which they were administered, results may not always be representative of all program participants. However, they provide an important snapshot of the kinds of benefits that families experience as a result of their participation in First 5 Yolo funded programs. For a full description of evaluation methods, please refer to the Appendix.

Characteristics of First 5 Yolo Clients

First 5 Yolo served nearly 4,000 children ages 0-5 countywide; approximately 60 percent were low-income

In FY 2016-17, First 5 Yolo served a total of 6,766 participants, including: 3,827 children ages 0-5; 1,825 parents; 288 other family members; and 826 providers. The majority of children served (75 percent) were ages 3-5, and 25 percent were ages 0-2. As shown in Exhibit 2, the numbers served across all participant types increased from FY 2015-16 to FY 2016-17. This increase is likely due to Help Me Grow Yolo¹ completing its first full year of implementation, as well as First 5 Yolo's investment in a newly funded program, Improve and Maximize Programs so All Children Thrive (IMPACT)².

Exhibit 2. First 5 Yolo participants served, by participant type, FY 2015-16 and FY 2016-17*



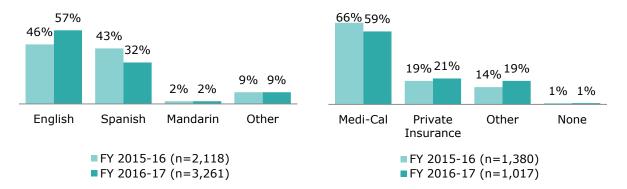
^{*} Data excludes children ages 0-5 with an unknown age.

First 5 Yolo aims to serve families with the greatest needs, including dual language learners and low-income families. In FY 2016-17, a relatively large proportion of First 5 Yolo children lived in low-income households (59 percent relied on Medi-Cal), spoke Spanish as their primary language (32 percent), or were Latino (42 percent). These percentages were lower than those reported in FY 2015-16, when 66 percent were low income, 43 percent spoke Spanish as their primary language, and 53 percent were Latino. Uncertainty surrounding immigration reform may be one of the reasons driving this trend. Anecdotally, service providers throughout Yolo County experienced a similar trend, and First 5 Yolo's program participation is in line with that downward trend. First 5 Yolo may need to consider additional strategies to identify and serve the county's highest need families.

 $^{^{1}}$ For more information about Help Me Grow Yolo, refer to the Improved Child Health chapter of this report.

² For more information about IMPACT, refer to the Improved Child Development chapter of this report.

Exhibit 3. Primary language and health insurance of children served, FY 2015-16 and FY 2016-17*



^{*} Data excludes children with an unknown primary language or an unknown health insurance type.

First 5 Yolo services reached children across the county in FY 2016-17. The greatest number of children served lived in West Sacramento, Davis, and Woodland, which are the cities with the highest populations in Yolo County. Programs also served families with young children in Winters, as well as rural and unincorporated areas (e.g., Esparto/Capay, Clarksburg, Knights Landing, and Yolo). In FY 2016-17, First 5 Yolo served proportionally more children in Woodland and Davis than in FY 2015-16, and proportionally fewer children in Winters, Esparto/Capay, and West Sacramento.

Several factors may have contributed to the shift in cities served in FY 2016-17. First, as mentioned previously, First 5 Yolo invested in IMPACT and Help Me Grow Yolo completed its first full year of implementation in 2016-17. Both of these programs provide services countywide, which may be one reason for the shift in the location of where services were provided. In addition, the decrease in the percentage served in West Sacramento is in part due to the sunset of a large First 5 California program grant (UP4WS) that provided services to children, parents, and child care providers living in West Sacramento specifically.

Exhibit 4. City of children served, FY 2015-16 and FY 2016-17*

City	FY 2015-16 (n=2,232)	FY 2016-17 (n=3,815)
West Sacramento	42%	29%
Davis	12%	25%
Woodland	17%	24%
Winters	13%	10%
Esparto/Capay	9%	5%
Clarksburg	2%	2%
Knights Landing	1%	2%
Yolo	1%	1%
Other	3%	3%

^{*} Data excludes children with an unknown city of residence. 🖫

Priority Area 1: Improved Family Functioning

First 5 Yolo aims to ensure that children are safe, parents are supported, and families are strong. Funded programs and services in the Improved Family Functioning priority area include:

- **Emergency overnight care** that offers safe, respite care for children (Yolo Crisis Nursery);
- Evidenced-based home visitation program designed to strengthen families, encourage healthy child development, and aid in the prevention of child maltreatment (Yolo County Children's Alliance's Step by Step/Paso a Paso Healthy Families America);
- **Dual generation parent education and child engagement** programs for parents with children ages 0-3 (RISE, Inc.'s AVANCE program); and
- Peer-led, trauma-informed support to improve family resiliency and build a strong sense of community (Lead4Tomorrow's Family Hui program).

First 5 Yolo helped families avoid entry into Child Welfare Services

Two programs funded by First 5 Yolo support efforts to keep children from entering Child Welfare Services: Yolo Crisis Nursery and Step by Step/Paso A Paso Healthy Families America Home Visitation Program.

The Yolo Crisis Nursery offers trauma-informed respite care to families with children ages 0-5 to keep children safe. First 5 Yolo funds overnight emergency child care at the Nursery, serving the most at-risk clients. The number of unduplicated children served by the overnight child care program nearly doubled over the past two years (from 11 children in 2015-16 to 19 children in 2016-17).³ This increase may reflect a greater need for this service as well as the Nursery's expanded outreach efforts.

Among parents of the 19 children who received overnight care in FY 2016-17, exit survey data show that 97 percent (37 parents) were confident their child was safe, and 87 percent (33 parents) reported feeling less stressed.⁴ Yolo Crisis Nursery staff reported that 95 percent of children who received overnight respite care (18 children) avoided entry into Child Welfare Services (compared to 82 percent of the 11 children who received overnight crisis care in FY 2015-16).

The Step by Step Home Visitation Program provides intensive parent education and comprehensive case management to at-risk families. In FY 2016-17, Step by Step reported that 99 percent of children (67 children) who participated in their program also avoided entry into Child Welfare Services.



³ In FY 2016-17, 26 overnight respite child care slots were utilized by 19 children.

⁴ Parents were asked to complete a survey each time they used the overnight respite child care. As a result, there were more surveys completed than unduplicated children served or slots utilized in FY 2016-17.

Parents increased knowledge, confidence, and social support after program participation

Step by Step, AVANCE, and Family Hui aim to strengthen families by increasing parents' knowledge of age-appropriate child development, confidence in parenting skills, and access to support networks. According to surveys administered to parents after program completion:

- At their 12 month assessment, 91 percent of Step by Step parents (10 parents) knew where to find resources for their family most of the time or always (an increase from 59 percent at their first assessment); and 82 percent of Step by Step parents (9 parents) reported that they were proud of themselves as parents most of the time or always at their 12 month assessment (an increase from 71 percent at their first assessment).
- 100 percent of Step by Step children were up-to-date on well child visits and current on immunizations;
- All 23 AVANCE participants reported learning new ways to keep their child safe and healthy.
- 88 percent of Family Hui parents (14 parents) felt more confident in themselves as parents, and 88 percent (14 parents) felt that participation helped them gain a support network and become more connected with other families.

Looking Ahead

After participating in programs to improve family functioning, children are safer, parents are more supported, and families are stronger. Each program funded in the priority area of Improved Family Functioning is using their performance data to explore ways to better meet the needs of young children and families. For example, Yolo Crisis Nursery assessed that the longer a family receives services after a point of crisis, the better the outcomes, such as reduced parental stress, an indicator of risk for child maltreatment. Therefore, the Nursery is aiming to provide more follow-up services to all participants, including efforts to support ongoing parental stress reduction. In addition, the Nursery will be increasing collaboration with partner agencies to help parents access needed resources sooner, as well as increasing referrals to the Nursery's emergency overnight care for families in crisis. AVANCE is also considering ways to better meet the needs of the families they serve. One strategy includes providing developmentally-appropriate home learning packets to parents so children can be better prepared to meet the expectations for cognitive development upon entering kindergarten. Lastly, Family Hui is refining their data collection process so that their data can more strategically tap into the needs of their clients and be used to inform program change. They are also exploring strategies for program expansion.



Priority Area 2: Improved Child Health

First 5 Yolo funds Help Me Grow Yolo – a collaborative between four direct service providers led by Northern California Children's Therapy Center. Part of a nationwide program, Help Me Grow Yolo strives to ensure that children reach age-appropriate developmental milestones and improve early childhood mental health by increasing access to developmental, behavioral, and mental health services and to identify barriers to early detection and intervention. To achieve this goal, Help Me Grow Yolo provides free developmental screenings, connects children and families to appropriate resources, trains community members and child health care and education providers, and develops and expands partnerships that strengthen the early childhood development network.

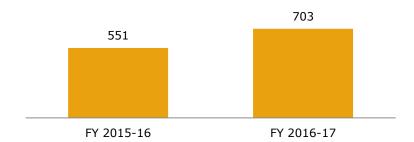


Help Me Grow Yolo is part of First 5's statewide effort to provide developmental screenings for children to improve the system of care, focusing on prevention and early intervention by creating access and linkage to various settings, including individual families, schools, medical providers, and other service providers.

Help Me Grow Yolo increased access to developmental services and expanded partnerships to create a stronger system of care

In FY 2016-17, Help Me Grow Yolo provided free developmental screenings to 703 children ages 0-5, an increase from 551 in FY 2015-16. The majority of children screened lived in Woodland (37 percent) and West Sacramento (35 percent), which is similar to FY 2015-16 (data not shown). Help Me Grow Yolo also trained 408 individuals (parents, providers, and staff from community agencies) on Help Me Grow services and developmental screening tools in FY 2016-17.

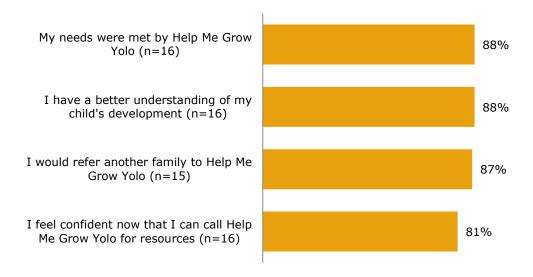
Exhibit 5. Children ages 0-5 screened for a developmental delay, FY 2015-16 and FY 2016-17



Of the children screened in FY 2016-17, 30 percent scored in the "concern" range on one or more developmental assessments. Over two-thirds of these children (67 percent) were successfully connected to at least one service. In addition, 50 percent of children who scored in the "monitor" or "concern" range during their initial screening (37 children) were re-screened with an improved score after a referral was made. This indicates that children who may have developmental delays are being identified and are making improvements after being connected to appropriate early intervention services. Early intervention decreases special education enrollment and the need for more intensive and costly services.

New to Help Me Grow Yolo in FY 2016-17 was a survey administered to parents to measure outcomes and satisfaction with the services they received. Most parents (88 percent) reported that their needs were met by Help Me Grow, and that they improved their understanding of their child's development. As described by one parent, "I was at a loss in terms of getting my son the help he needed. After the screening, I was able to get connected to the proper resources I needed to get my son the help he deserved."

Exhibit 6. Parent satisfaction with Help Me Grow Yolo



"I was at a loss in terms of getting my son the help he needed. After the screening, I was able to get connected to the proper resources I needed to get my son the help he deserved."

-Help Me Grow Yolo Parent

In the past year, Help Me Grow Yolo nearly doubled the number of partnerships they have with organizations throughout the county (22 partners in FY 2015-16 compared to 41 in FY 16-17). While sustaining all of their existing partnerships, Help Me Grow Yolo developed new partnerships with child care and preschool programs, social services programs, and community based organizations. They also developed plans to explore partnerships with two health care providers in the county – Dignity Health and Sutter Health. Also of note is that in late spring of 2017, First 5 Yolo was awarded Mental Health Services Act (MHSA) funds to enhance Help Me Grow Yolo. These funds will be used to build upon current work and expand the scope of the program to include child health care providers and other agencies working with young children throughout Yolo County.

Exhibit 7. Help Me Grow Yolo partners in FY 2015-16 and FY 2016-17



Looking Ahead

The First 5 Yolo priority area Improve Child Health is implemented via Help Me Grow Yolo. Help Me Grow Yolo has made important improvements over the past year. Notably, nearly all of the recommendations in the FY 2015-16 evaluation report related to Help Me Grow Yolo were implemented: more children were screened, a parent survey was implemented to assess program satisfaction, and plans to include outreach to medical providers were developed.

Moving forward, funding from the Mental Health Services Act will allow Help Me Grow Yolo to pilot and expand partnerships with two child health care providers, ultimately increasing collaboration and program reach. Funding will also be used to embed screenings into Empower Yolo's and the Family Violence Coordination Pilot Program's intake processes to target children of families affected by domestic violence. Lastly, MHSA funding will allow Help Me Grow Yolo to expand their work with Child Welfare Services to allow direct referrals for screening for children in the child welfare system, as well as to strengthen existing relationships with other county agencies and community organizations serving children ages 0-5 in Yolo County.

Program evaluation is an important component of a successful program and Help Me Grow Yolo, in partnership with Help Me Grow California and National Help Me Grow, is also exploring ways to gather more information about the quality and effectiveness of their program. This includes adding questions to the caregiver survey and exploring options to increase the survey response rate.



Priority Area 3: Improved Child Development

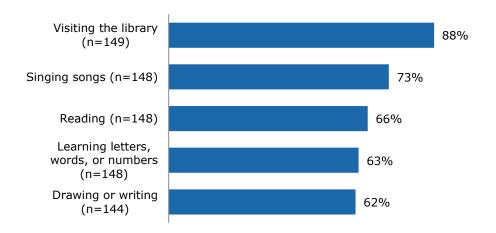
First 5 Yolo funds programs to improve early learning and child development, as well as to enhance the quality of existing programs. Funded programs and services in the Improved Child Development priority area include:

- Early literacy programming for parents and children that focuses on talking, reading, singing, writing, and playing (Yolo County Library's Storytime);
- Developmentally-appropriate parent-child interaction sessions in Clarksburg, Davis, Esparto, Knights Landing, West Sacramento, Winters, and Woodland (Yolo County Children's Alliance, Empower Yolo, and RISE, Inc.'s Play School Experience); and
- Quality enhancement efforts such as training, assessments, and other supports for child care and preschool providers (City of West Sacramento's IMPACT and City of Winter's BOOST programs).

Parents read more frequently to their child after participating in early literacy efforts

Storytime provides multilingual programs that focus on the five early literacy practices described above, and is offered at all eight Yolo County library branches. Parents who participated in Storytime and completed a survey about their experience reported increased participation in a number of early literacy activities more often after program participation, including visiting the library (88 percent), singing songs (73 percent), reading to their child (66 percent), and children learning letters, words, and numbers (63 percent).

Exhibit 8. Parents who engaged in activities with their child more often after Storytime at Yolo County Library, FY 2016-17





"My daughter sings and dances a lot more at home. When she fusses, I just sing songs [that I learned] from the library and it calms her down."

-Storytime Parent

Parents increased their knowledge of child development, and children enhanced their social and cognitive skills

Parents who participated in Play School Experience, a program aimed at strengthening parent-child bonding, noted increased knowledge of early learning and development. Data from a survey that evaluated the benefits of the program showed that nearly all parents had a better understanding of how young children learn and develop (99 percent), learned new ways to keep their child safe and healthy (99 percent), and learned what skills and behaviors are appropriate for their child's age (99 percent) after program participation. As one parent noted, "It brought my children and me closer together. It helped me to learn about the ages and stages and different ways to interact with my children through age-appropriate activities and games."

In addition, parents noted positive outcomes in their children. Specifically, parents described improvements in their child's social and cognitive development:

- "My child has had significant socioemotional development and has learned to cooperate more with children."
- "It has helped my baby learn how to share. He really likes the program, and it has helped me with getting him to socialize more."
- "My child has more confidence, increased her vocabulary, and is more aware of others."
- "My child is more active now, and he speaks more because he hears the other children talking during the program."

"It brought my children and me closer together. It helped me to learn about the ages and stages and different ways to interact with my children through age-appropriate activities and games."

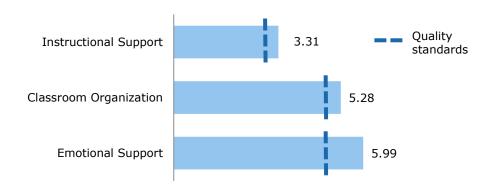
-Play School Experience Parent

The majority of participating child care and preschool sites are considered high quality though opportunities exist to enhance classroom's physical environment

Improve and Maximize Programs and All Children Thrive (IMPACT) aims to enhance the quality of existing child care and preschool programs in Yolo County by providing training, assessments, and support to providers. First 5 Yolo leverages its local funds with a First 5 California grant. Three assessment tools are commonly used to provide information about the quality of child care and preschool sites: the Quality Rating Improvement System (QRIS) Tier Score, the Environment Rating Scale (ERS), and the Classroom Assessment Scoring System (CLASS). Scores from these assessments showed that, overall, classrooms that participate in IMPACT are high quality.

- The overall average QRIS tier score was 4.05 (out of 5), which is considered "high quality" (43 classrooms).
- Classrooms had an overall ERS average score of 3.21, which is below the quality threshold score of 5 (43 classrooms).
- On average, CLASS scores for preschool classrooms exceeded the quality standard for instructional support, classroom organization, and emotional support (30 classrooms).

Exhibit 9. Average Preschool CLASS Scores by Domain in FY 2016-17 (n=30)



The City of Winters' BOOST program provides classroom support for preschool teachers to increase their capacity to provide all children, especially those with special needs, with a strong start. In FY 2016-17, BOOST supported preschool providers working with 162 children. Teachers participating in the BOOST program reported:

- The percent of children who had difficulty attending and behaving appropriately in "group times" decreased from 27 percent to 12 percent;
- The percent of children who had difficulty following the classroom routine decreased from 15 percent to nine percent; and
- The percent of children with high social-emotional competence increased from 28 percent to 57 percent.

IMPACT Quality Measures

QRIS Tier Scores: Classrooms receive a score of 1 to 5 for seven elements (including child observation, group size, director qualifications, etc.). Based on the total score, classrooms are categorized into 5 tiers, with tier 5 as the highest program quality tier.

ERS Scores: Classrooms receive a score for seven domains related to their physical environment. Research suggests that an overall score of 5 or more is indicative of a program that can produce better outcomes for children.

CLASS Scores: This tool is used to rate teacher-child interactions. Each CLASS domain is scored on a scale of 1 to 7, with research suggesting that Instructional Support scores of 3 or above, and Emotional Support and Classroom Support scores of 5 or above, lead to greater gains for children.

Looking Ahead

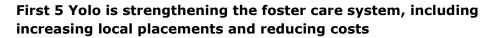
The programs funded in the Improved Child Development priority area have made strides to enhance early literacy, child development, and program quality. To continue to improve outcomes for children and families, programs are planning to make a number of enhancements in the coming year. This includes Storytime producing more educational and outreach materials in multiple languages, Play School Experience implementing strategies to reduce parent stress, IMPACT offering new training topics in response to feedback from participating providers, and BOOST exploring validated measures to assess children's social emotional competence.



Priority Area 4: Improved Systems and Network

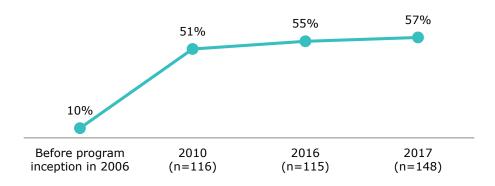
For this priority area, First 5 Yolo provides and invests in services and advocacy to support systems of care that are coordinated, accessible, responsive, and effective. This includes funding systems change efforts, and education and training for capacity building.

In FY 2016-17, program funding in the Improved Systems and Network priority area was largely directed to the Yolo County Children's Alliance's Foster Parent Recruitment and Retention Program. With additional funding from the Yocha DeHe Wintun Nation and County of Yolo, the program recruits, trains, and provides support to foster families so children are safe and placed locally. Local foster care placement allows children to remain connected to their communities, access services, and visit more easily with their families of origin. In addition, local placement is cost effective, reducing travel time for children and their social workers.



The Foster Parent Recruitment and Retention Program is improving the efficiency and effectiveness of Child Welfare Services. In FY 2016-17, 100 percent of Yolo County foster homes (60 homes) remained approved, which is a 10 percent increase from FY 2015-16. In addition, data from Child Welfare Services showed that the percent of local foster care home placements (i.e., Yolo Country children being placed within the County) increased over time. Of the 148 placements in 2017, 57 percent (85 placements)⁵ were local, compared to 10 percent in 2006. The return on investment per child placed locally is estimated to be approximately \$14,000 per year. Of the 63 children placed outside of Yolo County, 25 percent were placed with relatives, which is a preferred placement under state and federal law.

Exhibit 10. Foster care children ages 0-5 who were placed locally in Yolo County, 2006-2017



In addition to the Foster Parent Recruitment and Retention Program, First 5 Yolo invested in other systems change efforts to support organizational capacity. Notably, the Commission invested in Clear Impact, a data system to increase providers' capacity to collect, analyze, and report program-level data. First 5 Yolo also awarded capacity-building grants to the Family Violence Coordination Pilot



⁵ Reasons why it is possible that there are 85 local placements in 60 homes include multiple children/placements in one home; children exiting care and another child being placed in the home; and children having more than one placement.

Project (to maximize victim's access to services), Healthy Families America Home Visitation Program (to translate assessment tools and forms into languages other than Spanish), and Advokids Child Welfare Services Staff Training (to train County of Yolo Child Welfare social workers, foster parents, and Court Appointed Special Advocate volunteers).

Looking Ahead

Data from the Foster Parent Recruitment and Retention Program indicate that the foster care system is strong and has dramatically improved over the course of a decade: foster care homes remain approved, children are being placed locally, and there is increased access to education and support classes for social workers, foster parents, and others engaged in child welfare work. The Foster Care Recruitment and Retention program is working to increase its capacity by adding classes and exploring other ways to meet growing demand for services provided by the program. Over the past few months, the number of children in the Child Welfare System increased by approximately 40 percent. This, coupled with new state requirements for resource family approval and increased training requirements, has created growing demand for services offered by the Foster Care Recruitment and Retention program. First 5 Yolo may consider coordinating with partners at Child Welfare Services to ensure continued improvement and success in recruitment and retention. In addition, First 5 Yolo will continue efforts to invest limited resources in systems change efforts to provide the greatest lasting impact.



Summary and Future Opportunities

Through direct services and systems change efforts, First 5 Yolo is working to improve children's health and development and strengthen families. Data in this FY 2016-17 local evaluation report demonstrates that First 5 Yolo and its funded partners are positively impacting the lives of young children and families. Notable highlights included helping families avoid entry into Child Welfare Services, increasing families' access to developmental services, strengthening the foster care system, supporting parents to engage in early literacy efforts, and increasing the quality of early learning programs.

In FY 2016-17, First 5 Yolo began implementing the Friedman Results Based Accountability (RBA) model to track how much work was done to improve outcomes for children and their families, how well it was done, and, most critically, whether anyone was better off. To continue to facilitate this level of data collection and reporting, First 5 Yolo will be adopting a new reporting system, Clear Impact⁶, in 2017-18. Clear Impact will streamline data collection, analysis, and reporting across funded partners. All First 5 Yolo staff will receive training on Clear Impact and with a local Friedman RBA expert, to effectively implement and work with funded partners on the system. The goal of this transition will be for funded partners to use their data for continued strategic program improvements and enhancements.

First 5 Yolo is entering the final year of a three-year Strategic Plan. Moving forward, First 5 Yolo will use the data collected as part of their planning process to make decisions related to investment areas, strategies for the next funding period, and funding amounts. First 5 Yolo is committed to increasing awareness of the critical nature of early childhood prevention and intervention and leveraging options to increase funding to best meet the needs of children and families in Yolo County.

⁶ Clear Impact is the only performance measure software licensed by Friedman RBA.

Appendix

This evaluation included data from the following sources:

- Performance measures and client demographic data. All funded programs collect information about their performance associated with their First 5 Yolo funding, the number of program participants served, and demographic information about these participants (gender, age, ethnicity, primary language, city, and child health insurance type). These data are submitted to First 5 Yolo twice a year.
- Program-level data. In addition to client demographic data and the Early Learning Parent Survey, each funded program collects data to assess program outcomes and to understand how services can be improved. Program-level surveys, assessments, and reports that were reviewed and used in this report include⁷:
 - Yolo Crisis Nursery's Emergency Overnight Care Parent Survey (n=38)
 - Yolo County Children's Alliance's Step by Step/Paso a Paso Healthy Families America Parent Inventory (n=68)
 - Lead4Tomorrow Family Hui Parent Survey (n=16)
 - Play School Experience (n=117)
 - Help Me Grow Yolo's program-level data (n=703)
 - Help Me Grow Yolo Caregiver Survey (n=16)
 - Yolo County Library Storytime Pre/Post Parent Survey (n=151)
 - IMPACT program-level data (n=43)
 - o BOOST Teacher Assessment (n=7)
 - Foster Care recruitment and retention program-level data (n=148) □

 $^{^{7}}$ Missing data (e.g., parents who left a specific survey question blank) were excluded from analysis.