

## In-Clinic Navigators (aka Family Resource Specialists)

Healthy Families Yolo County



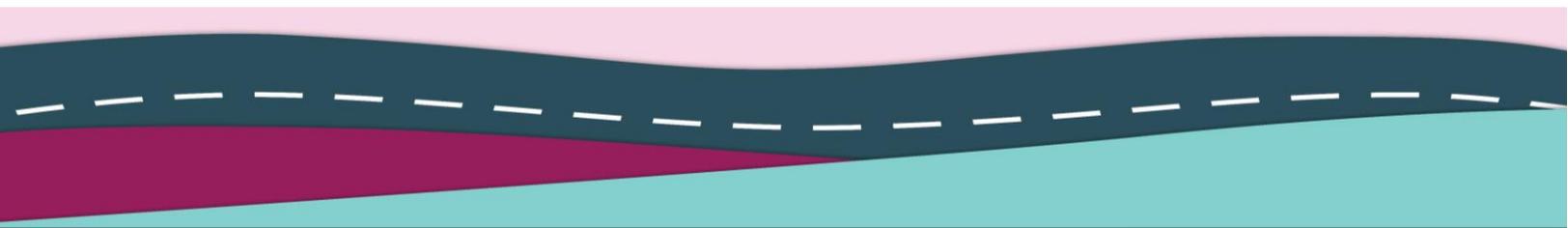
### Marisol Andrade

As an In-Clinic Family Resource Specialist for the Road to Resilience (R2R) Program, I am the initial contact to share about our program services and briefly discuss the resources our community offers to the Yolo County residents. In order to support our families, I listen to their stories to get a better understanding on how our program may provide support. I've been with R2R since February 2020 and it has been a privilege to see how our program has supported many families based on their needs. It is rewarding see how we empower families to thrive in our community with the variety of resources that can be offered to their families. When I'm not working, I enjoy taking walks at the park with my husband and my dog, hiking, listening to audiobooks, and crafting.



### Joceline Marquez Flores

Hello! As the In-Clinic Family resource specialist, I connect with families and listen to their stories. I do my best to support families and connect them with resources they may be in need of. I also pair families with a family support specialist for on going support in the R2R program. I began working with R2R in November 2019. I really enjoy meeting community members, listening to their stories and connecting them with resources they did not know were available to them. It is very gratifying to support and empower families in our community. I was raised in West Sacramento and am very grateful to provide my services to the community. On my time off, I enjoy watching movies with my husband, spending time with my family and exercising.



## Home Visitors (aka Family Support Specialists)

Healthy Families Yolo County



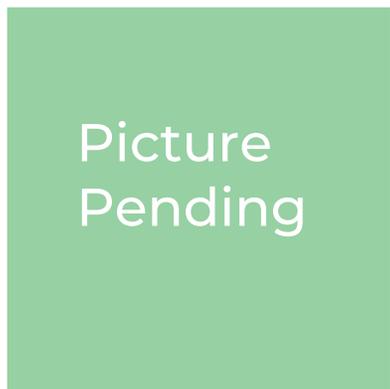
**Dolly Antayhua-Heller**

Information Pending



**Laura Cacho**

I have been a Family Support Specialist/Home Visitor with R2R for three years, starting with the CHILD pilot project in Davis. Using a trauma informed approach, I offer education about child development and positive parent interactions between mothers and babies. I also discuss safety for the baby and the family. Based on the family strengths, I connect the family with other community resources. I bring resources to the family as they need such as food baskets, diapers, childproof supplies, clothes and blankets. I share information with the mothers about community events, so that they can go to and have fun. The best part of the job is to see the baby growing and thriving in a healthy environment. In my time off, I enjoy reading, spending time with my family, taking walks with my dog, and connecting with friends.



**Yesenia Cortez**

As a Family Support Specialist, I meet with parents and expectant mothers to help them achieve family goals. I help families address and overcome barriers, ensure children are meeting developmental milestones, and help create support systems for families to lean back on. I started working with R2R in July 2021 and I am excited to continue to help parents build strong foundations for their families. My favorite part of working with R2R so far is getting to know parents and learning about their unique relationships with their children. Outside of work, I like to spend time with family and friends, watch movies, and explore nature.

## Home Visitors (aka Behavioral Health Navigators)

CommuniCare Behavioral Health

Picture  
Pending

### Samantha Mero

I serve the R2R program as a BH Navigator, which means I get to work directly with parents involved in our program. I provide therapy, case management, parenting education, information on child development, and referrals to community resources. I have worked in this program since its beginning stages, and I am grateful to be in a position where I can help families reach their goals.

Picture  
Pending

### Rebecca Trujillo

I have been a BH Navigator for R2R since early 2021. What I enjoy most about R2R are my clients. My clients are pregnant and or have very young children. I feel passionate about working with this vulnerable population. My clients and I work on goals they would like to achieve, we problem solve, and I offer resources as well as parenting education, child development information and support, and therapy. When I am not working, I love spending time with my husband, 2 dogs and grandson. We take trips to the beach, enjoy glamping and long walks, but we also like relaxing at home and cooking traditional Mexican dishes.

## Perinatal Support Specialist

CommuniCare Perinatal

Picture  
Pending

### Megan Collington

As the Perinatal Support Specialist, I am usually one of the first people to reach out to parents and get them connected to R2R. I work closely with the BH Navigators to provide families with support such as connecting them to resources and supplies that they need. I also provide developmental screenings and child development information to families. I have been working with R2R since summer 2020, and my favorite part of working with R2R is connecting with parents and reminding them that they are not alone and can count on support from our team. I also love hearing from parents about all the ways their babies are growing and developing! When I'm not working, I am working on graduate school work, cooking, or traveling.

## Healthy Families Yolo County Supervisor



### Jessica Gwerder-Lucero

As the R2R home visiting program supervisor for Healthy Families Yolo County, I oversee the family support specialists who work directly with the participants. This includes guiding and supporting the family support specialists to best assist the participants in ways to ensure the participants' needs are being met. I've been with R2R since the very beginning.. My favorite part of working with R2R, is being that support system for the family support specialist and for them to be able to turn around and then be the best support system they can be to the participants. When I am not working you can find me playing dinosaurs or baseball with my three-year-old son.

## Healthy Families Yolo County Program Manager



### Lana Casper

I'm the Program Manager and Clinical Supervisor of Healthy Families Yolo County. I helped develop the CHILD Project pilot program back in 2018 and was part of the team that developed the expansion of that project into R2R. It has been so amazing to help R2R grow and see it change over the years from an idea to a dedicated team of professionals and support specialists who've helped hundreds of parents in Yolo County. As a working mother of twins, I know personally how challenging and overwhelming it can be to raise children. I'm proud that R2R can be there to offer education about child development, help problem solve, connect to needed resources, and be a caring listener to help reduce stressors that parents in Yolo County face.

## Behavioral Health Navigation Coordinator

CommuniCare Behavioral Health

Picture  
Pending

### Shea Garvin

I am the R2R Behavioral Health Navigation Coordinator and I support the BH Navigators by overseeing team work flows and caseloads, identifying ways we can improve our services for families, and supporting the staff so they can support our clients. I have been working with CommuniCare for nearly 9 years and have been a part of the R2R program since its inception. I feel passionately about supporting and strengthening families in Yolo County, and am proud and feel privileged to be involved in R2R. I love to spend time with my family, hike, care for my two Mohair goats, garden, kayak and do creative projects

## Project Manager

CommuniCare Perinatal

Picture  
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### Ann Soliday Bench

As the R2R Project Manager, I oversee all the direct services components of R2R, including patient eligibility screening and pathway assignment, in-clinic navigation, and home visiting. I've been with R2R since October 2019 and have been privileged to see the project grow from idea to fully-functioning system. My favorite part of working with R2R is helping staff to be able to do their best work with families, and hearing family success stories. When I'm not working I can be found playing with my daughter and husband, or gardening, cooking, hiking, or painting my nails.