

First 5 Yolo IFSI Evaluation Plan

Introduction

Davis Consultant Network (DCN) has drafted the **First 5 Yolo IFSI Evaluation Plan** to assess achievements of strategies funded to address the broad goals identified in the *2008 Strategic Plan* and to align with First 5 California (F5CA) reporting requirements. The *2008 Strategic Plan* marked the launch of the six-year Integrated Family Support Initiative (IFSI) which funds programs addressing the four priority areas of child health, social/emotional health, school readiness, and childcare. Throughout the four areas, First 5 Yolo (F5Y) will promote improved systems of care.

This document outlines the evaluation questions and what data will be gathered to answer those questions. It includes tables linking indicators, reporting tools, and associated partners being funded by F5Y.

Purpose

The purpose of the IFSI Evaluation process is to:

- Clarify reasonable program objectives with grantees and F5Y program monitors.
- Identify and agree on methods and timeline for collecting measures of program progress and impact.
- Ensure data systems are in place for evaluator to analyze for annual reporting to state and county commission.
- Create a composite picture of status of young children in Yolo County that can be monitored over time and to demonstrate the impact of F5Y investments.

Program and County-Wide Focus

The evaluation design includes program evaluation and a county-wide assessment of child readiness for school.

DCN and F5Y staff met with all funded programs to determine reasonable measures of progress toward program objectives. Collection of data was negotiated with grantees and will be monitored through quarterly reporting. In the case of School Readiness and the Up for West Sacramento, DCN will perform additional statistical analysis of indicators of readiness.

The county-wide status of children 0-5 will be reported through publicly available data and by surveying parents at kindergarten registration. The parent survey will be used to create a composite index of school readiness. It includes child participation in quality preschool, parental educational attainment, enrollment in health insurance, family literacy, social/emotional health and parental social connection. A public awareness question regarding dental health for young children will also be included. These findings can be disaggregated by school or district.

Mapping to State Result and Service Areas

F5Y is required to report its evaluation findings annually to the F5CA. The state commission has designed a structure for all counties to report their program evaluation findings within designated results and service areas. This allows F5CA to develop a composite picture of F5 programs throughout the state.

F5Y allocated resources based upon its strategic plan. Each funded program was then mapped to the state result and service areas (see Table 1) and will be reported accordingly in the annual report to the state.

Evaluation Questions & Key Indicators

The evaluation questions address the goals within the F5Y strategic plan. All funded programs have identified desired outcomes (see Table 2) which will be measured and reported to answer the following overarching questions.

1. Who is being served by First 5 Yolo funded programs?
2. How is F5Y impacting Yolo children's health and access to health and dental services?
3. How is F5Y supporting the social and emotional well being of families with young children?
4. How has F5Y enhanced opportunities for children to be better prepared to succeed in school?
5. What is the quality and affordability of childcare in Yolo County?
6. How has F5Y strengthened community systems supporting children ages 0-5 and their families?

DEMOGRAPHICS

1. Who is being served by First 5 Yolo funded programs?

All F5Y programs report numbers of children, parents/guardians, and service providers served by zip code, ethnicity, home language, and zip code on the Direct Services Activity Sheet. These data are entered into the F5Y database and will be reported in both the county and state annual reports.

PHYSICAL HEALTH

2. How is F5Y impacting Yolo children's health and access to health and dental services?

F5Y Goals

- Improved Child Health
- Improved Oral Health
- Improved Nutrition and Physical Activity

F5Y Health Investments

- CommuniCare Health Centers (\$267,437) – *Increasing Access to Oral Health Services*
- Partnership Health Plan of CA (\$100,000) - *Healthy Kids Insurance Plan*
- University of California Cooperative Extension (\$32,988)– *Nutrition/Fitness Health Education*
- Community Housing Opportunities Corp. (\$32,835) – *Health Collaborative Initiative, community needs assessment, nutritional and physical activity programs.*
- Winters Healthcare Foundation (\$32,810) – *Perinatal Services for Western Yolo*
- Woodland Healthcare (\$25,000) – *Healthy Lifestyles Intervention for Preschoolers*
- Yolo County Children's Alliance (\$125,000) - *Health Insurance Outreach, Enrollment, Utilization and Retention Services*
- Yolo County Health Department (\$110,000) – *Healthy Families America Home Visiting Program*

a. Are more children insured, have a medical home, and getting preventive care?

- Programs providing direct services to families will all inquire and report status of health insurance for children served.
- Partnership Health enrollment and utilization data will be analyzed and compared to neighboring counties, across Yolo zip codes, and year to year for Healthy Kids, an insurance program funded by F5Y.
- Families of all children enrolled in Healthy Kids will be surveyed at enrollment regarding prior insurance status, medical home, and barriers to service. They will be surveyed again at 4-6 months to compare access and utilization status as well as satisfaction with the insurance program.
- COMPASS application numbers for 0-5 over the fiscal year in MediCal, Healthy Kids, Healthy Family and Kaiser will be reported.
- *Note:* meeting being arranged with Yolo Public Health Epidemiologist to assess other publicly available and most current indicators of #/% families insured

b. How has F5Y improved access to dental care?

- Units of dental health services from Partnership Health and CommuniCare will be reported.
- Dentist trained in early childhood dental treatment techniques will be surveyed on change in knowledge and willingness to treat children 0-5.

- Annual survey of families registering their children for kindergarten will include survey question regarding early childhood dental care. This will establish a baseline for future public awareness campaign.
- c. How is F5Y promoting physical activity and good nutrition?**
 - Participants in CHOC, UC Cooperative Extension & Woodland Health Foundation nutrition and exercise programs will report change in daily diet and exercise based on pre and post self report surveys.
- d. How have F5Y programs impacted frequency and duration of breastfeeding?**
 - CommuniCare and Woodland Hospital will report number women in breastfeeding programs and duration of breastfeeding.
- e. How has F5Y improved access to prenatal care?**
 - Number of women receiving prenatal care through Winters Health Care
- f. How is Yolo County doing overall in key child health indicators?** Number and percent of women who report receiving recommended number of prenatal visits as reported on birth records.
 - County infant death rate as reported in Center for Health Statistics
 - County immunization rates
 - Percent low income children 0-5 who are overweight as reported by Yolo County Health, PedNSS
 - Number and percent of women who are exclusively breastfeeding at time of hospital discharge compared to state and Healthy People 2010. (CCPH, Genetic Disease Branch, YCHD MCAH program)

SOCIAL & EMOTIONAL HEALTH

3. How is F5Y supporting the social and emotional well being of families with young children?

F5Y Goals

- Improved Parental Capacity
- Improved Provider Capacity
- Increased Screening and Expanded Treatment
- Increased Public Awareness

F5Y Social and Emotional Health Investments

- CommuniCare Health Centers (\$3,367) – *Improved Services for pregnant substance using women*
- People Reaching Out, Inc. (\$33,000) – *Strengthening Families Counseling Program*
- Yolo County Children’s Alliance (\$357,760) – *Healthy Families America Home Visiting Program*
- Yolo County Children’s Alliance (\$127,636) – *Foster Family Recruitment, Retention and Support*
- Yolo Family Services Agency () – *Provider Capacity Building, Training and Support*

a. Are vulnerable families making progress toward their goals?

F5Y is funding several programs for families with known risk factors such as homelessness, exposure to drugs and alcohol, risk of child abuse or neglect, or those becoming foster parents. In each of these programs, parents establish personal goal in the areas of sensitivity to their children. The Step by Step home visiting program is exploring the asset-based Matrix System for tracking a family’s progress. This year, grantees are using their own tracking systems. Once Step-by-Step finalizes their system new grantees will be asked to adopt the same measures.

b. How connected do families with young children feel to family and friends?

The Healthy Families Step by Step Home visitation and the countywide kindergarten registration survey will both include a question regarding social connectedness.

c. Are mental health service providers prepared to serve families of children 0-5?

All providers participating in the YFSA Case Consultation Program will be surveyed on their confidence and if they are currently working with children 0-5 and their families.

d. How is F5Y increasing the number of young children within the foster care system who remain in Yolo County?

- DESS reports of #/% of 0-5 placements in Yolo County foster and kinship homes
- Survey of parents participating in Foster and Kinship Care Education (FKCE) program describing factors contributing to readiness to accept a child.
- # of parents participating in FKCE program and #/% that accept placement of child into their care.

READY TO LEARN

4. How has F5Y enhanced opportunities for children to be better prepared to succeed in school?

F5Y Goals

- Improved Family Literacy
- Improved participation in early education programs
- Improved screening for special needs

Ready to Learn Investments

- City of West Sacramento (\$400,000) - *Universal Preschool for West Sacramento*
- RISE, Inc. (\$304,775) – *Preschool and Early Learning Activities*
- Washington USD (\$174,972) - *West Sacramento School Readiness Program*
- Woodland JUSD (\$181,068) - *Woodland School Readiness Program*
- Yolo County Library (\$33,224) - *Family Reading Programs*

a. Are families reading to their children?

- Number of families participating in family literacy programs and using libraries.
- Families reporting reading daily to their children as gathered from Kindergarten Registration Survey, UP4WS Parent survey, CHOC survey.

b. Are children entering kindergarten with preschool experience?

- Kindergarten registration survey will inquire if child had preschool experience, listing name of preschool. Preschool programs with known environmental rating score of 4 or higher will be designated “quality preschool program”. This will be included in schools composite readiness score.

c. Are children with learning delays being identified?

- Number of children identified with special needs using ages and stages screening tool. (RISE, UP4 WS, People Reaching Out)

d. Are children participating in School Readiness (SR) activities better prepared for school?

- School readiness programs are currently in three districts. All Kindergarten students in targeted elementary schools are assessed using the Modified Desired Results Developmental Profile (MDRDP). Students who have had SR interventions will be compared with those who have not. Statistical analysis by intervention (home visiting, 4 week kinder camp, and parent education) will be done.

e. Are children participating in Up 4 WS better prepared for school?

- All students will be assessed in the Fall and in the Spring using the Desired Results Developmental Profile (DRDP-R). Pre and post results will be analyzed. Comparisons by child gender, home language, public or private program, family care or center based program will be made. Correlations between parent learning support activities and achievement will be identified.

CHILDCARE

5. What is the quality and affordability of childcare in Yolo County?

F5Y Goals

- Increased access to affordable childcare
- Increased access to high-quality childcare

F5Y Investments

- Childcare Resource & Referral Agency (\$298,249) - CARES
- Childcare Resource & Referral Agency (\$209,500) – *Improved Childcare Quality & Affordability*

a. How has F5Y improved the quality of child care sites in the county?

- Learning environments of all early care programs receiving F5Y funds or services (RISE, City of Davis Quality Enhancement Program sites, and Up 4 West Sacramento classrooms) will be assessed using a standardized environmental rating tool.

b. How has F5Y helped to maintain a qualified child care workforce?

- Retention rates of CARES and QEP participants based on City of Davis history of renewed licenses.
- Number of CARES participants achieving academic benchmarks.

c. What is the availability and affordability of childcare in the county and F5Y's contribution?

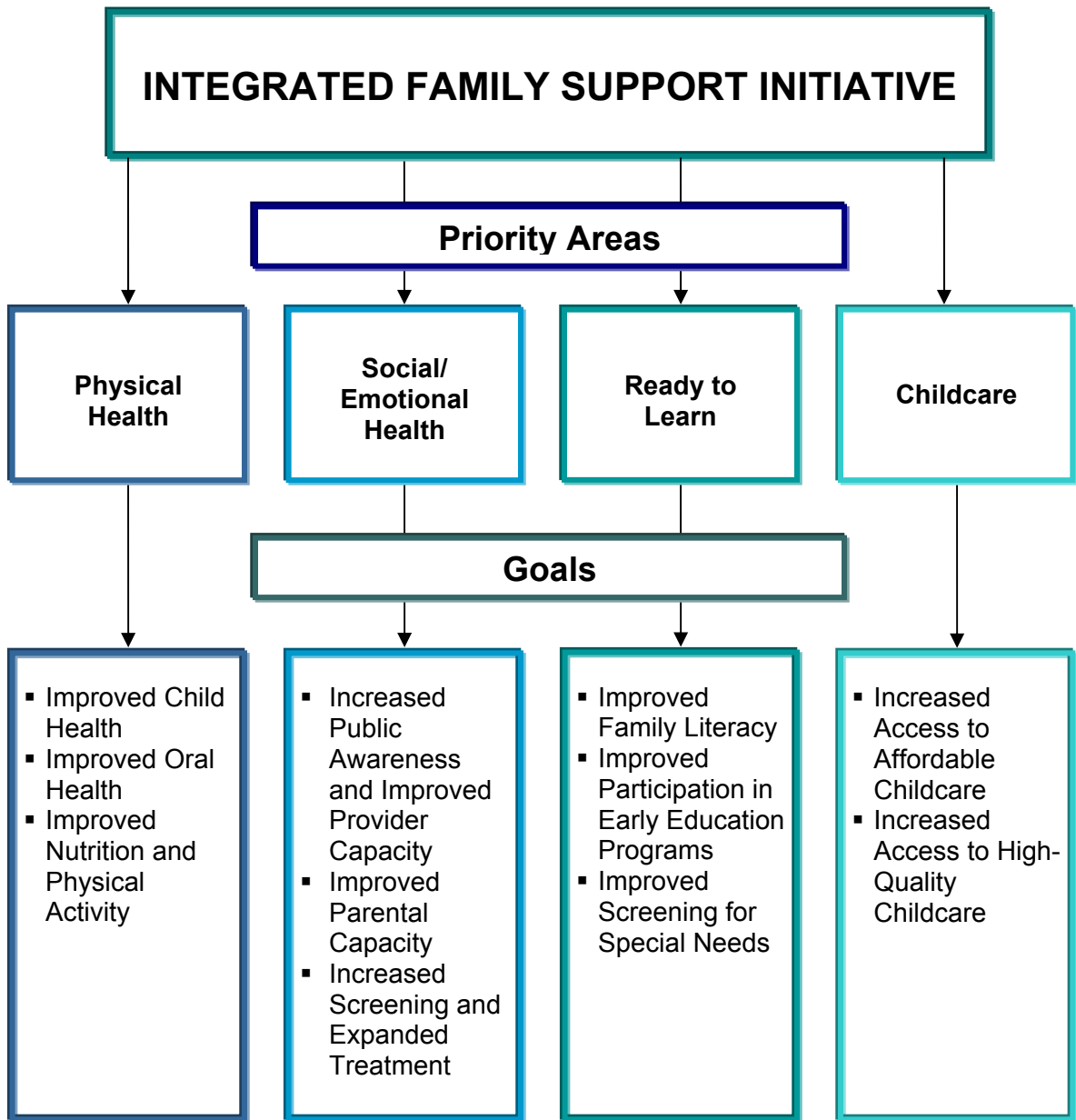
- County wide status as reported to the California Childcare Resource and Referral Network for cost of care, number of licensed family and center spaces, and number of subsidized spaces.
- Progress on the RISE negotiated childcare spaces and Knights Landing center will be reported.

SYSTEM CHANGE

6. How has F5Y strengthened community systems supporting children ages 0-5 and their families?

- a. How have child and family service agencies improved their working relationships?**
 - F5Y hosts a Family Focus Forum for funded and non-funded service agencies. On an annual basis, participants will be asked how the forum and other F5Y activities have helped them connect with other agencies.
 - F5Y annual report of participation in collaborative efforts
 - F5Y focus group observations
- b. How has F5Y leveraged their funds?**
 - F5Y focus group identified examples
 - Cost benefit of children retained in Yolo County foster/kinship care
- c. How has child and family enrollment in public assistance programs been improved?**
 - Annual report of applications generated through COMPASS

**First 5 Yolo
Strategic Plan Vision
FY 08/09 – FY 14/15**



NOTE: Policy Development and Systems Change are important components of the Commission's strategic plan and will be incorporated throughout the plan's measurable objectives and strategies.